

# Get Infused!

## Semi-Annual Newsletter



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**Serving the  
bleeding disorder  
community in Arizona  
for over 45 years**

**EVERYBODY BLEEDS...  
NOT EVERY BODY STOPS**



**HELP STOP THE BLEEDING TODAY!**  
**ArizonaHemophilia.org**

*The Arizona Hemophilia Association is dedicated to enhancing the quality of life for people with inherited bleeding disorders, while advocating for a cure.*

**Thank you to all of our donors and sponsors  
who contributed throughout 2014.  
We are grateful for your continued support!**



## **Do you want to Make a Difference?**

We would not be able to accomplish all that we do each year without the help of so many wonderful contributors! The Arizona Hemophilia Association depends on the generous support of individual donors and volunteers as well as corporate sponsors to provide essential programs and services.

If you or someone you know is interested in making a difference, please contact us today!

*The Arizona Hemophilia Association is a 501(c)(3) non profit organization as well as a Qualifying Charitable Organization in the state of Arizona. Tax ID 86-0209257.*

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## **Contact Us Today!**

**(602) 955-3947**

**826 N 5th Ave**

**info@arizonahemophilia.org**

**Phoenix, AZ 85003**

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# Message From our Executive Director

Dear Friends,

We have had a very busy six months with educational programs, community wide events, networking support groups and fundraising events. Thanks to everyone for being involved! We had a record number at our Annual Statewide Meeting with over 350 attending. The Arizona Hemophilia Walk at the Phoenix Zoo had over 1,200 walkers! Thanks for supporting the AHA.

Financial stability for AHA has been strategic and is accomplished by fundraising, building equity and developing business competencies. As most of you are aware, the AHA is a non-profit agency that relies solely on fundraising for revenue to offer the programs and services we provide. I am often asked how the fundraising dollars are raised and spent. Many assume that all of the programs and services AHA provides are funded by pharmaceutical companies and home healthcare. While we do have a strong partnership with these companies and they have been generous to the bleeding disorders community in Arizona and nationally, their contributions are not enough to sustain our organization. We believe that it is critical to the long term sustainability of AHA that we diversify our fundraising sources so that we are not relying on a particular donor or organization. For example, we used to receive a substantial contribution from the United Way, but over the past five years, the direction and focus of United Way has shifted and AHA has received a significant reduction in those funds each year. Similarly, funds contributed by pharmaceutical companies and home healthcare have reduced. Our fundraising events such as the Arizona Hemophilia Walk, Golf Tournament and Salsa Challenge are critical to building new sponsorships, raising much needed funds to sustain AHA and to creating greater awareness about bleeding disorders to the general public. It is also an opportunity for the bleeding disorders community to come together and become stronger.

The funds raised, whether through grants, events, individual donations or contributions require time and dedication from our staff and our many donors. We are very strategic in trying to stay ahead of the ever changing funding sources so that we can ensure AHA will be able to provide high quality, meaningful programs and services for the years to come. Please keep in mind that when you cancel or don't show up for a program or event, we have to pay for you anyway and those funds could have been used elsewhere. We are all in this together and would like to stretch those dollars to best serve the community.

Another way we create financial stability is through building equity. We purchased the AHA building in 2011 so that our monthly payments would be going toward building equity. Additionally, we wanted to create a home for AHA that is somewhat insulated from economic fluctuations. We also purchased the building across the street where the health center resides, giving us another opportunity to build equity, rather than paying rent somewhere else. Our hope is that it will be home for AHA for many years to come.

The third opportunity for AHA to maintain its financial stability is through establishing and building business competencies that can provide a recurring income stream. AHA has hosted national conferences, including NACCHO, the NOW conference, Fundfusion and the AIM Conference, as well as our Annual Statewide Meeting. We have gained experience and competency in organizing and running these conferences for the bleeding disorders community locally and nationally. This expertise could be replicated for other nonprofit agencies outside of the bleeding disorder community that could generate funding for AHA.

Finally, it takes all of us to ensure the sustainability of AHA. It takes all of us to come together, get involved and help one another. Over the years, AHA has become a strong and financially sound organization with staff who care about you and the AHA. AHA is our shoulder to laugh or cry on when we need it, our outlet when we want it, our opportunity to give back when we can and our one voice to the public all the time. Please help us to continue to make AHA a strong, relevant and sustainable organization that helps your family, your children's families and their children's families.

We are excited about 2015! Join us in making it great!!! We hope to see you soon!

With Gratitude,  
Cindy Komar

# Arizona Hemophilia Walk



The Phoenix Zoo graciously hosted the 2014 Arizona Hemophilia Walk again this year, which was held on Sunday, October 26th. We were excited to see so many familiar faces as well as many new AHA friends and families at the event!

Together, we raised over \$80,000 that will help support our 2015 programs and services for the Arizona hemophilia community. It is because of the fundraising events we execute that we are able to provide so many other free events throughout the year and we are thankful for everyone who so graciously gives back through these fundraising events.

Approximately 1,200 walkers came out this year and left their “footprint” on the association by raising funds and walking with us! We have exceeded our previous record by almost 200 people this year..... THANK YOU!!!

We would also like to thank our generous sponsors who helped make this event such a huge success; without you it would not be possible to assist nearly as many families and provide the level of services we do each year.



This year we were able to introduce a new online fundraising site, bring in several new sponsors, initiate the ability for walkers to “sponsor a participant”, which allowed over 40 walkers to attend who may not have otherwise been able to fund their own registration fee.



We also had several fun competitions at the event including a Halloween costume contest, fundraising level raffles, largest team, most spirited team, most funds raised by a non corporate team, and most funds raised by a corporate team awards. These competitions presented winners with some great prizes including an iPod, an iPad, a Phoenix staycation, Salsa Challenge VIP passes, Phoenix





Zoo passes and more! If you didn't get a chance to win one of these amazing prizes this year, have no fear that we will have more great prizes ready and waiting for you to snag next year as well!!!



The walk saw several fun community members and

local businesses that were able to join us this year as well, which added to the excitement that morning. We were fortunate enough to have the Phoenix Suns Gorilla make a special appearance and

kick-off the walk with Phoenix pride. We got into the Halloween spirit with the face painters and became honorary zoo dwellers for the day; lions, tigers and bears, (oh my!).



A world renowned yoyo artist dazzled us with a show and some amazing tricks as well as a flame-throwing magician. The energetic DJ pumped up the crowd for a session of Zumba and many fun engaging dances.

Thank you for your continued support of the walk. It is such a fun day spent with the community, raising funds for the community to provide programs and services that we hold so dear to the association!

*We look forward to seeing you at the event next year!!!*

**MARK YOUR CALENDARS:  
Sunday, October 18, 2015!**



**Thank you to Baxter for  
sponsoring this year's Walk at  
the Rhino Level**

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# Desert Classic Charity Golf Tournament

What happens when you combine a group of fun loving golfers with the words tequila and beer? A wonderful day filled with fun memories on the green in support of the Arizona Hemophilia Association! The Arizona Desert Classic Golf Tournament on November 14 was a grand success! We were able to fill every foursome for this year's tournament and welcomed over 148 golfers. We even gained seven new foursomes that had never competed in the tournament before!



With the additional players on the green we were able to raise more money for the AHA in several ways. We offered our online auction this year and got the competition started early in a bidding war over many of the items, which created a fun sense of friendly rivalry. Donations came in from all over the country, representing over 100 auction items; trips to locations all over the nation, autographed sports memorabilia, tickets to shows, plays and various Arizona sporting events, golfing, dinners, spa treatments and more! As a whole we raised over \$42,000 for the AHA at this year's tournament and developed many new partnerships for the years to come.

All of the money raised at the event helps enable us to provide many programs to the bleeding disorder community, including Camp



HONOR. We are very thankful to be able to continue offering our programs and services and appreciate the support of our sponsors, golfers and volunteers!

Pro Golfer, Perry Parker joined us to speak on behalf of the bleeding disorder community at the event, and helped us raise money on the Pro Hole. The players experienced many festivities on the greens that day such as: Patron Tequila, New Belgium, Dos Equis and Bud Light Beer which helped them prepare for the excitement on many of the holes.

We also introduced the golfers to our biggest fundraiser, the My Nana's Best Tasting Salsa Challenge, by having several of the award winning salsas on various holes. They also enjoyed several other engaging activity holes such as the ladies hole, competition holes that awarded prizes including "your height in beer", Odyssey putter, cash prizes and gift cards. Again, the 50/50 raffle was a great success, the winner walked home with \$1,260 in cash!



The golfers really let loose and enjoyed a fun day, playing a few holes and laughing with friends, taking home some great deals on amazing auction items, while raising money for the bleeding disorder

community! We hope to keep growing the event and see everyone back next year for another fun event!





# Meet Your Hemophilia Community Specialist

Your HCS is a valuable resource to help you manage life with hemophilia. Whether you need information about living with hemophilia, Novo Nordisk products, or financial assistance and reimbursement programs, Jessica is there to help. Arrange a one-on-one meeting today!

## Jessica Steed

JCSD@novonordisk.com  
602-615-6974  
ChangingPossibilities-US.com

### About Jessica

Jessica is a community builder who believes that connecting with people, creating communities, and advocating for important causes is the key to her mission as an HCS.

Novo Nordisk Inc., 800 Scudders Mill Road, Plainsboro, New Jersey 08536 U.S.A.

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# Mark Your Calendars for the 2015 My Nana's Best Tasting Salsa Challenge

## ALL THE SALSA YOU CAN EAT AND MORE!



Taste over 100 salsas prepared by Valley chefs and vote for your favorite.

Steele Indian School Park  
300 E. Indian School Rd.  
March 7 - 8, 2015 • 10am - 6pm

Admission:  
General: \$15  
VIP Ticket: \$55  
Kids under 12 are free.

Discount tickets  
available at   
and at [SalsaChallenge.com](http://SalsaChallenge.com).

Main Stage  
Live Music All Day

Margarita Mix-Off  
12:30 - 3:30 pm

**Parking | Shuttle | Light Rail**

Parking at 4041 N. Central only \$5. FREE Shuttle to and from the park! Light Rail stop at Central & Indian School.



For more info: 602.955.3947 or [SalsaChallenge.com](http://SalsaChallenge.com)

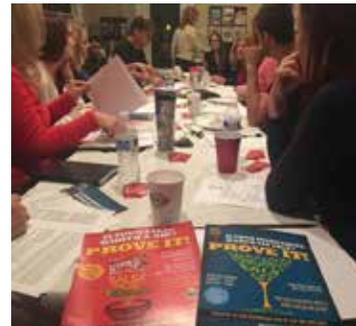
Funds raised will benefit the Arizona Hemophilia Association.



The Salsa Challenge is a culinary event that hosts over 20,000 attendees, attracting individuals and families who want to enjoy the day filled with live music, a kids zone, salsa tasting and fun activities. The event features over 90 contestants, featuring salsa categories of Hot, Mild and Anything Goes! It is the largest annual fundraiser for the Arizona Hemophilia Association!



**We need volunteers!!!**  
Email [Jess@ArizonaHemophilia.org](mailto:Jess@ArizonaHemophilia.org) if  
you're interested!





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### Personalized support

Baxter recognizes the importance of helping you meet the challenges that life presents. Visit us at [www.nava.baxter.com](http://www.nava.baxter.com) for a variety of resources, assistance, and individual support for living with hemophilia.

# Annual Statewide Meeting

Our 9th Annual Statewide Meeting was held at Sheraton Wild Horse Pass Resort. This conference is one of the best times each year for us to gather the entire Arizona bleeding disorder community for a weekend of fun, education, and networking. We strive to provide opportunities for individuals and families affected by inherited bleeding disorders to learn about their disorder and how to



better manage it as well as meet and share with other community members. The weekend included keynote and breakout sessions with speakers giving insight into bleeding disorders as well as several other topics, such as advocating for our children at school, communicating to those about you or your family's bleeding disorder, and pain management.



Children in attendance were able to spend time at the resort's pool, create crayon art, learn karate 101, practice their hula-hooping skills, and hear from storytellers, while their parents attended sessions. Our teens enjoyed each other's company and were able to practice their advocacy skills at the Arizona Mills shopping mall.



There was also a tribute to Yleana Hughes, our Director of Client Services, who has dedicated her life's work to the Arizona Hemophilia Association and those we serve. With over 20 years of service, her devotion, compassion and laughter have made an impact on many lives. Throughout the tribute, the teens each presented Yleana with a rose to represent their appreciation of her service.

We would like to thank all of those who were able to attend the 2014 Annual Statewide Meeting and welcome all new community members to join us next year!



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## BleedHERs

**B**leedHERs, an adult social and educational group for women with bleeding disorders, as well as carriers, mothers, wives, daughters and sisters of individuals with inherited bleeding disorders, had educational and entertaining events this year. In August, the ladies got together for a women only lunch at the Annual Statewide Meeting. Then in September, the women



got together at the Women's Retreat in Tucson for a fun filled evening (read more below). Finally, in November, everyone got together for a tour of a plasma collection center and an explanation of the safety measures involved in making product from human plasma. We look forward to hosting more events through the Winter and Spring!

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## Women's Retreat

**T**he end of summer and the beginning of cooler weather brought the wonderful women of the Arizona bleeding disorder community together for the 8th Annual Women's Retreat, held at the White Stallion Ranch in Tucson, AZ. This retreat was open to women 17 and older who are affected by a bleeding disorder, including women who have a bleeding disorder and mothers, sisters, and children of those who have a bleeding disorder.

The weekend activities were kicked off with a presentation from Kathleen Kirk, a life coach with over 30 years experience in the fields of Social Work, Substance Abuse and Public Health. Using her years of training, she helped to inspire our community to affect success and



happiness in their own lives and to actively choose happiness and balance in life.



The weekend provided the perfect ambiance for rekindling existing friendships and forging new ones through various networking and community building opportunities.

The retreat ended with a relaxing session of Qigong, an ancient Chinese mind and body and spirit practice that incorporates physical postures, breathing techniques and mental focus, helping pave the way for a renewed spirit. Special thanks to Laurel Pennick for her help with organizing the event!

## Men's Group

The Men's group is for men 18 years old and older to get together and hang out while learning and having fun. It is designed to be a multi avenue outreach, to provide education and support, promote good health, and establish a sense of community for adult men. In August, the men got together for a session on joint health at the Annual Statewide Meeting. In October, the men gathered for an educational presentation on behavioral interviewing and speaking with children, spouses and co-workers before enjoying a delicious meal from Honey Bear's and heading out to the Cardinals game. In April, the AHA is hosting a Men's Group weekend retreat to Prescott Pines. The camp is 85 acres of forested land and ADA accessible.



Contact [Josh@ArizonaHemophilia.org](mailto:Josh@ArizonaHemophilia.org) for more information or if you're interested in becoming part of the Men's Group!

## Epic

Epic is our teen program focusing on transitional Education and networking. In July, the teens gathered at the U of A in Tucson for a campus tour and a trip to the water park. In September, the teens took a guided tour of the Tempe ASU campus before heading to Glow Putt in Scottsdale for black-light mini golf. In December, we had a presentation from the office of admissions at ASU about getting in to an in-state school before going to Stratum Laser Tag in Mesa, and in January, the



teens went back down to Tucson for a session on reaching your goals and setting a life plan before spending the afternoon at Fantastic's. For more information about the program, please contact [Josh@ArizonaHemophilia.org](mailto:Josh@ArizonaHemophilia.org).



# MORE THAN JUST ANOTHER LINE ON YOUR RESUME



## Making a change in the world

begins by making a change in your community! Apply to be an intern through the Bayer Hemophilia Leadership Development Program and begin to learn how to be the change YOU want to see in the world.

**Students enrolled full-time in college who are touched by hemophilia can apply now for the opportunity to:**

- Engage in leadership training and hands-on business projects
- Learn how to support the hemophilia community as a potential future leader

**Apply now for a six-week paid internship at Bayer HealthCare's U.S. headquarters in New Jersey.**

In addition to working directly with leaders at Bayer, selected interns will:

- Collaborate with local hemophilia organizations and learn about efforts to support the hemophilia community and partnerships with business professionals
- Meet with healthcare public policy professionals to experience first-hand how effective advocacy relations impacts legislative decisions
- Be responsible for developing a project that will be presented to Bayer Senior Management

Start shaping your future and your community!

**Apply today for the Bayer Hemophilia Leadership Development Program.**

APPLICATIONS ARE DUE NO LATER THAN **Friday, March 13, 2015 at 11:59 p.m. ET**

To learn more and complete an application, visit [www.HemophiliaInternship.com](http://www.HemophiliaInternship.com)

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DEVELOPMENT PROGRAM



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# Back to School and Community Picnic



Our first annual Back to School Picnic was a HUGE Success! We had over 250 people in attendance from across the state. This event, which will be held in the first week of August each year, is an opportunity for families and friends to get together and soak up some rays while getting to relax and have a great time.

Kids had the opportunity to go on two different water slides and play water related challenge games while families got to



enjoy music, snow cones, pizza, and snacks. As an added bonus, each school-age child received a backpack full of brand new school supplies. Look out for an invitation for 2015's event in the mail in July!



## Camp H.U.G.



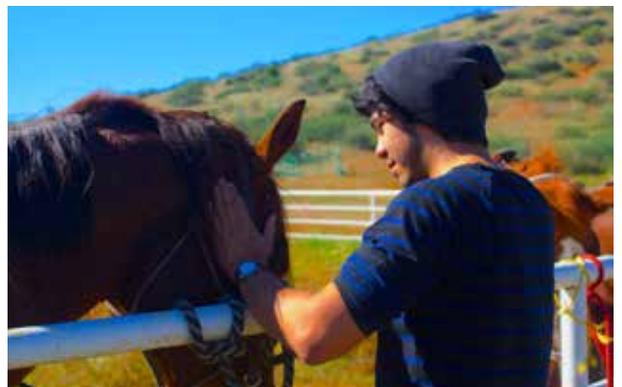
Camp H.U.G. (Hemophilia Uniting Generations) is our weekend family camp held in October each year. This program affords families an opportunity to get a glimpse into life at Camp HONOR. Located in Prescott, the Chauncey Ranch facility hosted families in shared cabins. During the cool evenings campers enjoyed talent shows, camp fires and art projects. Then, throughout the days, families had the opportunity to participate in rock climbing, canoeing, archery, horseback riding and other fun activities. It is plain to see by the looks on the faces of the families that this is a time for them to relax, unwind, and enjoy the company of people who



understand life with a bleeding disorder and can support each other while enjoying the outdoors. With the purpose of this program being community building, it was a welcomed sight watching the families of new community members bond and make lasting relationships with seasoned campers. We look forward to the next chance to gather around a campfire at Camp H.U.G., which will be held October 23-25, 2015.



Registration for this upcoming program will become available at the end of the next Annual Statewide Meeting in August.





BAYER HEALTHCARE Y LA COMUNIDAD HEMOFÍLICA:

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# Hispanic Heritage Day

We celebrated Hispanic Heritage Day in September in collaboration with Baxter. This statewide program allows families who may have never met with the community or are newly diagnosed share cultural and educational programming in their primary language. This educational day focuses on bleeding disorder education in the Spanish speaking community. We designed the day to answer questions regarding the most pressing topics impacting the families in our community. This year we had information on dental care, genetics and the most current factor products. We also enjoyed a Mariachi band and many laughs. The children experienced their own agenda with a variety of speakers and activities.



# Holiday Party

We had a great turn out for our annual holiday parties this year, both in “The Valley” and in Tucson. In Tucson, our families got together at the U of A Hall of Champions for dinner and a visit from Santa. Special thanks to the Cascade Foundation for co-sponsoring the holiday party in



Tucson! The party in “The Valley” kicked off at the McCormick Stillman Railroad Park in Scottsdale where everyone enjoyed a nice catered meal from Nibblers Catering. Families had the opportunity to ride the carousel, the train and enjoy the playground. We also rented three huge inflatable rides including an obstacle course, a slide, and a bounce house. Later on in the day, Santa flew in for a visit bringing gifts and stuffed animals for the kids. We hope you had a wonderful holiday season and are ready for 2015!



## Advocacy Update

**2015** is here and it promises to be an interesting year for people in the bleeding disorder community. You can expect continuing changes in our healthcare system that may affect the price of insurance coverage, the doctors and the medications available on any given insurance plan. New treatments are becoming available, giving patients more options to consider, while drawing attention to the cost and effectiveness of bleeding disorder medications as a whole. New Legislators will be taking office in the Arizona State Government and the US Federal Government, and legislation that could affect people with bleeding disorders is likely to be passed.

**W**ith these and the many other changes that we can expect this year, the AHA wants to make sure that the bleeding disorder community is informed about the issues that may affect them. More than that, we want this community to be the driving force behind the change that you yourselves want to see happen! We believe that no one knows the issues facing people with bleeding disorders better than the families that are themselves living with such conditions. This is why it is critically important to give our community members a forum and opportunity to have their voices heard.



**N**ow is your opportunity to have a say in decisions that can affect your life, and the lives of people with bleeding disorders and other chronic conditions. Make your New Year's resolution to speak up and speak out about the issues that are affecting you. Set aside time now, to participate in the AHA's Legislative Day on March 26th, and help educate veteran and rookie lawmakers about the issues facing families with bleeding disorders. Talk to one of the community teens about the Epic

program and the work they have done to educate people about bleeding disorders, and see if you can do something similar. Tell us at the AHA about some issues that you would like to see addressed at our next Annual Statewide Meeting. Let us know what you think we can do to help further raise awareness about bleeding disorders and give people in our community a say in decisions that affect them. If there is an issue that is important to you, that you feel like we aren't addressing or educating people about, let us know! The AHA will continue our work to provide community members education and opportunities to influence decisions that affect them. Use those opportunities, raise your voice, and lead the way into the new year.



# Healthcare: What You Need to Know

**A**rizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid agency that offers health care programs to serve Arizona residents. Individuals must meet certain income and other requirements to obtain services. There is no open enrollment period – it is ongoing.

Household Size	Gross Monthly Income Limit
1	\$1,294
2	\$1,744
3	\$2,194
4	\$2,644
5	\$3,094
Each additional person \$450	

This chart shows how much money the applicant can receive each month before taxes (gross income limit) and other deductions are subtracted.

**M**edicare is the federal health insurance program for people who are 65 or older, certain younger people with disabilities, and people with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a transplant, sometimes called ESRD).

**N**ot Sure? We can help if you have any questions regarding your healthcare. We are a Certified Application Counselor organization and can help guide you with any questions about the Marketplace or your health insurance coverage! Call our office at **(602) 955-3947!**

**T**he Marketplace helps people without health coverage enroll in a high-quality plan online, by phone, or with a paper application.

Find a health insurance plan with savings based on your income. Most people who apply qualify for premium tax credits that lower the costs of coverage. All plans cover essential health benefits, pre-existing conditions, and preventive care. Deadlines: You can enroll until **February 15, 2015**. After that, you can't get 2015 coverage unless you qualify for a Special Enrollment Period.

### Who Is Eligible for the Insurance Marketplace?

To be eligible for health coverage you:

- Must live in the United States
- Must be a U.S. citizen or national (or be lawfully present)
- Cannot be currently incarcerated
- Must not qualify for AHCCCS or for Medicare



*...for the human factor<sup>®</sup>*

INFORMATION IS EMPOWERING.

At Accredo, we believe the more you know about your condition and available options, the better. We provide educational materials and a team of dedicated professionals. We're here to help you make informed decisions about your care.

A personal touch from people who know bleeding disorders.

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andy.blackledge@accredo.com

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# Arizona Bleeding Disorders Health and Wellness Center

## What We Do:

- Provides treatment for bleeding disorders
- Focuses on treating the whole person
- Provides primary care to All Adult family members
- Combines traditional model with Patient Centered Medical Home
- Partners with YOU to provide comprehensive integrated care
- *Plans to open in March! Keep your eyes out for more information!*



## Why We Started:

Historically, those with hemophilia and other bleeding disorders did not live to adulthood. Today the treatment of bleeding disorders has advanced that those affected are expected to live a normal life expectancy! One of the biggest challenges today, however, is that adults with bleeding disorders experience greater medical concerns from co-morbidities associated with aging. Complications from age related health conditions such as cardiovascular disease, high blood pressure, and diabetes remain a significant area of concern.



The Arizona Hemophilia Association established the Arizona Bleeding Disorders Health and Wellness Center to provide quality, integrated care for adults living with bleeding disorders and their adult family members. It is critical that adults receive comprehensive and integrated care so that the medical team understands the complicating factors with other procedures and/or diagnoses.



***Our Mission:*** *Our mission is to provide high quality, integrated comprehensive care to treat the whole person that leads to lifestyle optimization.*





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**This information is not intended to replace discussions  
with your healthcare provider.**

#### **Indications**

ELOCTATE [Antihemophilic Factor (Recombinant), Fc Fusion Protein] is a recombinant DNA derived, antihemophilic factor indicated in adults and children with Hemophilia A (congenital Factor VIII deficiency) for: control and prevention of bleeding episodes, perioperative management (surgical prophylaxis), and routine prophylaxis to prevent or reduce the frequency of bleeding episodes. ELOCTATE is not indicated for the treatment of von Willebrand disease.

#### **Important Safety Information**

Do not use ELOCTATE if you have had an allergic reaction to it in the past.

Tell your healthcare provider if you have or have had any medical problems, take any medicines, including prescription and non-prescription medicines, supplements, or herbal medicines, have any allergies, are breastfeeding, are pregnant or planning to become pregnant, or have been told you have inhibitors (antibodies) to Factor VIII.

Allergic reactions may occur with ELOCTATE. Call your healthcare provider or get emergency treatment right away if you have any of the following symptoms: difficulty breathing, chest tightness, swelling of the face, rash, or hives.

Your body can also make antibodies called, "inhibitors," against ELOCTATE, which may stop ELOCTATE from working properly.

Common side effects of ELOCTATE are joint pain and general discomfort. These are not all the possible side effects of ELOCTATE. Talk to your healthcare provider right away about any side effect that bothers you or that does not go away, and if bleeding is not controlled after using ELOCTATE.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

**Please see enclosed Prescribing Information.**

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## FDA-Approved Patient Labeling

### Patient Information

#### ELOCTATE™ /el' ok' tate/

#### [Antihemophilic Factor (Recombinant), Fc Fusion Protein]

Please read this Patient Information carefully before using ELOCTATE and each time you get a refill, as there may be new information.

This Patient Information does not take the place of talking with your healthcare provider about your medical condition or your treatment.

#### What is ELOCTATE?

ELOCTATE is an injectable medicine that is used to help control and prevent bleeding in people with Hemophilia A (congenital Factor VIII deficiency).

Your healthcare provider may give you ELOCTATE when you have surgery.

#### Who should not use ELOCTATE?

You should not use ELOCTATE if you had an allergic reaction to it in the past.

#### What should I tell my healthcare provider before using ELOCTATE?

Talk to your healthcare provider about:

- Any medical problems that you have or had.
- All prescription and non-prescription medicines that you take, including over-the-counter medicines, supplements or herbal medicines.
- Pregnancy or if you are planning to become pregnant. It is not known if ELOCTATE may harm your unborn baby.
- Breastfeeding. It is not known if ELOCTATE passes into the milk and if it can harm your baby.

#### How should I use ELOCTATE?

You get ELOCTATE as an infusion into your vein. Your healthcare provider will instruct you on how to do infusions on your own, and may watch you give yourself the first dose of ELOCTATE.

Contact your healthcare provider right away if bleeding is not controlled after using ELOCTATE.

#### What are the possible side effects of ELOCTATE?

Common side effects of ELOCTATE are joint pain and general discomfort.

Allergic reactions may occur. Call your healthcare provider or emergency department right away if you have any of the following symptoms: difficulty breathing, chest tightness, swelling of the face, rash or hives.

Your body can also make antibodies called, "inhibitors," against ELOCTATE, which may stop ELOCTATE from working properly. Your healthcare provider may give you blood tests to check for inhibitors.

#### How should I store ELOCTATE?

- Keep ELOCTATE in its original package.
- Protect it from light.
- Do not freeze.
- Store refrigerated (2°C to 8°C or 36°F to 46°F) or at room temperature [not to exceed 30°C (86°F)], for up to six months.
- When storing at room temperature:
  - Note on the carton the date on which the product is removed from refrigeration.
  - Use the product before the end of this 6 month period or discard it.
  - Do not return the product to the refrigerator.

Do not use ELOCTATE after the expiration date printed on the vial or, if you removed it from the refrigerator, after the date that was noted on the carton, whichever is earlier.

After reconstitution (mixing with the diluent):

- Do not use ELOCTATE if the reconstituted solution is not clear to slightly opalescent and colorless.
- Use reconstituted product as soon as possible
- You may store reconstituted solution at room temperature, not to exceed 30°C (86°F), for up to three hours. Protect the reconstituted product from direct sunlight. Discard any product not used within three hours.

#### What else should I know about ELOCTATE?

Medicines are sometimes prescribed for purposes other than those listed here. Do not use ELOCTATE for a condition for which it was not prescribed. Do not share ELOCTATE with other people, even if they have the same symptoms that you have.

Manufactured by:  
Biogen Idec Inc.  
14 Cambridge Center, Cambridge, MA 02142 USA  
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# Upcoming Events & Programs

## January

- (10) Epic
- (22-25) NACCHO Conference

## February

- (7) Community Picnic
- (15) BleedHERs
- (20-22) NOW Conference
- (25-27) NHF Washington Days

## March

- (7 & 8) Salsa Challenge
- (14) New Family Picnic
- (25) Legislative Day Training
- (26) Legislative Day
- (26-28) HFA Symposium
- (29) BleedHERs

## April

- (4) Epic
- (10-12) Men's Retreat
- (18) Camp Picnic
- (24-26) CIT Trip



## May



## June

- (1-6) Camp HONOR



**For more information,  
visit our website:**

[www.ArizonaHemophilia.org](http://www.ArizonaHemophilia.org)



## Contact Information Update

**Have you moved recently?  
Changed your email address?**

We are constantly updating our database so if you receive any mail/email with incorrect information please let us know so we can fix it! Please call our office at (602) 955-3947 or email [millie@arizonahemophilia.org](mailto:millie@arizonahemophilia.org) with any updates.





826 N 5th Ave  
Phoenix, AZ 85003

## 31st Annual My Nana's Best Tasting Salsa Challenge

# ALL THE SALSAS YOU CAN EAT AND MORE.

**March 7 & 8**

**Get your Tickets Today!**

**\$12 Early Bird**  
Available Now Online!

**\$15 Gate**  
Kids under 12 are free!

**\$55 VIP**  
Available Now Online!



**Steele Indian School Park**  
**300 E Indian School Rd, Phoenix, AZ 85012**

**Saturday AND Sunday**

**Do you have a great SALSA recipe?**  
**Winner each day receives \$1000 cash!**

**Retail opportunity for the Grand Champion**  
**with El Sol Foods\***

\*Some restrictions apply, details at [www.SalsaChallenge.com](http://www.SalsaChallenge.com)

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